



Tools For Action

A sample of physical education initiatives in Wisconsin

Catch R.E.A.D

Contact Information

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Program Information

Program Name Catch R.E.A.D
Program Category Innovative teaching strategy (new or unique games, curricula, etc.)
Grade Level Elementary School (K-2); Elementary School (3-5)
Assessment Method

Program Information

Products Developed or Materials Used:

Program Description:

Relationships Engagement Achievement Discipline-direction Taught through bouncing and catching tennis balls to a musical pattern. Brain gym activities included into the lesson.

A Wisconsin Physical Education Program

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

<http://dhfs.wisconsin.gov/health/physicalactivity/>

or contact staff at:

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